

Now I want to tell you about the supplements, and I want to point out to you this. That each one of these things are available. For this lady in Canada this is a critical information, but for the rest of us, if we were to buy the raw material, which is cheap, and go through the process, set up. If we were to put it in the capsules, bottle it and label it and package it, we couldn't produce it and make a profit on that operation and have it at a cheaper wholesale price than we can buy it for, I don't believe. That's my opinion, and I've kicked the idea around. We have had some capsulated by hand. Yes, there are wages in it but you can't really break the price too much, except if you take the profit from capsulating it as opposed to the profit from retailing it. So, that's just one point. But also, you need to know where the things are and what they are because of situations if International Ag Labs cannot or will not supply you, and I've been in both positions, where they would not supply me and other places where they could not, so I know what I'm talking about. Now, as I start down through this, one thing that they recommend, of course, is Hinez sweet pickle vinegar, and you can use apple cider vinegar that's been reduced to 5% acidity in the same proportions. Next item is Dolomite. Dolomite is Dolomite, period. Don't be misled on that. The big thing here is in powder or in solution. Now, if you give someone Dolomite

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pills, they might just as well go flush a five dollar bill down the stool because it will not do them any good - it will not serve the purpose. Chew it up; they can't get it fine enough. Powder it; it's available in powder from various sources - health food stores or supply houses or druggist, pharmaceutical supply houses; they have it in powder, it is available and cheap.

Next item is Cal 2 and that is Schiff's Cal-Min and that's in pills and they just grind that up and put it in capsules. That's Cal 2.

Not to my knowledge - this is why if you use these things you have to be sure the people are going to handle them properly; otherwise, they're wasting their money, wasting their time and blaming you for it. It has to be in powder or in solution to be of benefit to the body.

Yes, sir. Doctor Fish said he priced it the other day - \$3.00 for 300 tablets; one tablet equal to a capsule, so there you are, as opposed to a capsule at \$6.50 to 6-1/2¢. Makes a difference, that is, if your people will handle it properly and that's the only way it's going to be of any benefit.

Calcium Lactate is calcium lactate, available everywhere in powder form. 1/8 of a teaspoon is equal to two capsules.

Next item is Zest Tonic. I'm just going to tell you what the formula is for this and I do not propose that you make it. You can get yourself in a real bind doing that, but if you want to pass along the formula to someone, that's your business and if they want to make it for themselves, that's their business. The formula

is 26 ounces of London Tower Dry Gin and the brand preferable is Jaquins. This is the preferable brand, but it's just London Tower Dry Gin, 26 ounces. The second item in this mixture is five ounces of Mint Gin; the third item is two ounces of Apricot Brandy and that's your Zest Tonic.

Next item is Hin-Col. This is going to throw you for a loop. Min-Col, of course, being soft rock phosphate and it is a fertilizer. it's available; the name of it is Cal Phos, available in most nurseries and real good garden centers, about \$3.00 for 50 pounds and it's already powdered. There's about two ounces in 100 capsules by the way. Starting where, mam; about \$3.00 for 50 pounds although there are a few lumps and it would be necessary to run it through a little grinder or sift it with a flour sifter. Like I say, there's about 2 ounces in a \$12.00 bottle and here you are, about \$3.00 for 50 lbs. Now just in the event you have difficulty finding this, it is available from the Green Thumb Garden Center, Springdale, Arkansas. I do not have a street address for them. OK, let me get to that question later, that this is a fertilizer and should be recommended to be taken orally.

YB5» 5ir- I'm coming to the K-Hin. Dolomite is not used to fertilize to my knowledge, not to my knowledge, but I know the K-Min is used in agriculture, horticulture especially. Anyway, Green Thumb Garden Center, Springdale, Arkansas and it's \$3.25 for 50 lbs., plus freight. You certainly should be able to find this Cal Phos in your local area. Yes, mam. Another name she says is Apatite. Soft rock phosphate.

The next item is K-Min, Diatomaceous Earth. The bottle says Diatomaceous Earth and soft rock phosphate; it's 25% soft rock phosphate and 75% diatomaceous earth. "Ve k"°W" People to use diatomaceous earth straight without any ill side affects. Diatomaceous Earth is available at \$11.20 for 50 lbs. Diatomaceous Earth - that's the K'Nifl. it says right on the label. Now from Arrowhead Mills, Box B66, H°rf°d» T9Xa5 79045, Diatomaceous Earth is \$11.20 for 50 lbs. Let me also say

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that most swimming pool contractors will have it. Some nurseries and garden centers It's used in horticulture in gardens and flower beds to kill the bugs and also you can sprinkle it around where your pets are, in their bedding and even on them, and get rid of fleas and all parasites for the animals.

Yes, mam. That's not too normal though for that. Down in Florida they've got those high powered race horses is the only reason they do that. They don't do that in those nags that we've got out in West Texas, I'll tell you. So that will give you an idea where to get that stuff if you want to do it that way.

Now, see, if you're testing a family — you know, five or six people, and if you tell them, here it is if you want to do it, that \$11.20 would be a pretty good deal for them. They could buy 50 lbs. and use the rest of it up in their lawn, their pet and whatever they need for themselves and still be money ahead. The

same way with the Soft rock phosphate - use whatever they need for themselves and use the rest around their garden and get a better crop out of it too. Certainly, it's not a matter of how you take it. It's in powder, in solution. You could sprinkle it on food or so on.

That's a possibility too. Sell them a small amount, half a pound or so, and some capsules and let them do with it whatever they want to. This way you're not recommending they do it, you know, 'take fertilizer. They say, what's K—Hin, we'll say, this stuff right here.

But to go on, the next item here is Algavim and I expect most of us know where that's available. It's P.B. Ohrstrom 6 Sons, Inc., Box 96%, Arlington Heights, Illinois; it's right in this area somewhere. Zip code 60006. They come in plastic bottles with #00 pills to each bottle, one pill equal to a capsule and this is all they do down there, just buy these, dry them up and put them in capsules, and these wholesale at about 3/Ac per pill; a bottle of H00 will cost you about \$3.75, whereas A00 of the others will cost you \$28.00 wholesale.

Next item, Chaparral, which is an herb and available in all health food stores in pill form but, again, if they take the pills they're wasting their time.

Have to put it in powder or solution. Nature's Way and Tom Murdock is supposed to be here tomorrow. Anyway, they handle this stuff and they sell, they are the main supplier. They do handle a good product but still Chaparral is available everywhere. If they grind it and put it in capsules, they still have the Chaparral. And while I'm talking about Chaparral, I want to say this, that I shared with one gentleman earlier. If a person has been on chemotherapy, Chaparral is the only thing I know of that will get the effect of that chemotherapy out of their system. Of course, they have to be willing to get off the chemotherapy; if they are going to continue chemotherapy, there's nothing you can do for them. If a person comes to you and they're going to continue chemotherapy, there is nothing you can do for them. Chemotherapy is just poison. Period. I've never seen one person get long range benefit from chemotherapy. They all wound up in the box - every one.

OK, yes, I know that Chaparral is available from some sources in capsule form; I'm aware of that. Anyway, to get the effects of chemotherapy out of the body would take anywhere from 30 to 60 capsules of Chapparal daily. It takes about a month. All right, now this is a Naturopathy approach.

NO. Sir, I did not say Nature's Way in capsule form. I said I know it is available from some sources in capsule form. Nature's Way does not have it in capsule form to my knowledge. In powder form - powder or solution, either one, so they grind them up, put them in capsules and you can stand it, take them that way - However it fits. It's just that

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it has to be readily available to the system and in order for that to be readily

available, it has to be in powder or solution and if they put a capsule around it, that's fine, as far as I'm concerned. This is where Tom Murdock doesn't believe in capsules and, of course, I've heard others say the same thing. Of course, I've heard them say that they make jello out of pork bones too. The only thing is, I used to work in a packing house, Swift and Company, St. Joe, Missouri, where they had the gelatin plant so I know first hand what they made it out of, there wasn't any pork believe me.

Yes, sir. There you get into solution. Chapparal tea in solution.

OK, the next item is Golden Seal, also an herb. Golden Seal, of course, available from most health food sources in a powder form and Nature's Way, of course, is again the supplier and it's real cheap in comparison to what we buy it for wholesale in capsules but then you've still got the process of putting it in capsules, if you want to do it that way - or take it that way. I understand it's pretty nasty; I have never tried it.

OK, moving on down through the next item, is Lime Hater. This Calcium Hydroxide for internal use. You get this in a drug store - a small bottle; I think there's 5/10 of an ounce in it, in powder form. That's Calcium Hydroxide for internal use. Mix that with a gallon of distilled water, shake it for a couple of minutes and set it down. You do this in a glass jug by the way. About every ten minutes you pick it up and shake it again for the first hour and then every hour you shake it for about a minute or two - every hour for twenty-four hours. That doesn't mean you have to stay up all night and do it.. Shake it 8 hours today, tomorrow and the next day if that's the way you want it -- 25 times at least an hour apart. Then it has to sit completely undisturbed, preferably out in the garage on concrete floor because in your house if you have a frame floor, just as you're walking around the house that would jar the sediments, even if you were up in the night. So out in the garage on a concrete floor where it will not be disturbed. It has to sit for 12 hours, at least. Then take a syringe - a turkey basting syringe is very good for this and very carefully siphon it off into other glass containers. Then, very carefully, this will yield about 120 ounces. The cost of that little 5/10 of an ounce of powder is anywhere from \$1.00 to \$2.50, depending on your particular area and the drugstore you buy it in. 50¢ of distilled water you get \$3.00 in 120 ounces and of course we know it costs \$1.00 an ounce retail -- as a matter of fact, over \$1.00 an ounce. Now, one other factor here is, if you accidentally disturb the sediment, let it set for another 12 hours to settle down and very carefully siphoning again. _

Yes, sir. The reports of other elements being combined with that are not valid to my knowledge and I have pretty good sources down there. If you take everything they said then you've got to be real gullible. If Jerry will shut the tape off for a minute I'll just lay a little of it on.

There are a couple more items than one I think. Ferro Tonic is another item. Now Ferro Tonic is Ferro Sulfate, available through veterinary supply houses. The one thing, I do not know the mixture of this because it is mixed with

distilled water but I know how I would go about it if I was going to make some. I would take some already mixed, take a well calibrated hydrometer and check the specific gravity of it and then I would start mixing ferro sulfate and distilled water until I get the same proportions, log the proportions and go from there. That's the way I would do it if I was wanting to make it but again. some people use so many drops so many times a day. One bottle will last six months or a year and it's not worth the effort to make it. It isn't really.

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Anyway, that's where the supplements are if a person wants to use them —-what they are and in recommending them, well, say, do you recommend I take this fertilizer. A lot of times people ask you what is this stuff and if you tell them what it is and is it available somewhere else. Yeah, it's available somewhere else and just answer their questions truthfully. If they want to go get some that's their own business and then if they want to take it that's their own business too. I haven't told them to go out here and take a bunch of fertilizer.

Yes, sir. Basically rubbing alcohol. Rubbing alcohol will do everything it will do. I know where it's put together. I can't think of the old boy's name right now - it's in Springfield, Missouri. He sells it \$3.00 for one of those little bottles but rubbing alcohol will do everything that will do. Eye wash, I've never had anything to do with.

OK, that covers the supplements that we normally use from them and, like I say, I'm sure there's things where there'd be cause presently if you're tied to that post you want to get loose. And if you know where they're available and how to use them and so on then you don't have to be tied to that post, even though it's a pretty good supplier and so on. What I do where I work is I don't even handle this stuff at all. The local druggist handles it, the pharmacy, and he buys from International Ag Lab. Of course he mixes his own lime water and so far it's worked out satisfactorily. But still I don't want to be caught up there with a bunch of people on the program and no supplies or if International Ag Lab wants to cut somebody off or cannot or will not supply, such as Zest Tonic they haven't supplied for a long time. Normally what I do here is just recommend that somebody just use that much gin and it works - or four times that much wine. It say, I think over in Timothy, Paul, told him to take a little wine for the stomach's sake so, in doing this, you're not getting away from the scriptural concepts of it.